

SAT INGMARSÖ NYA

↔ 10.4 km

🕒 3:30 h

📏 76 m

📏 75 m

Difficulty

moderate

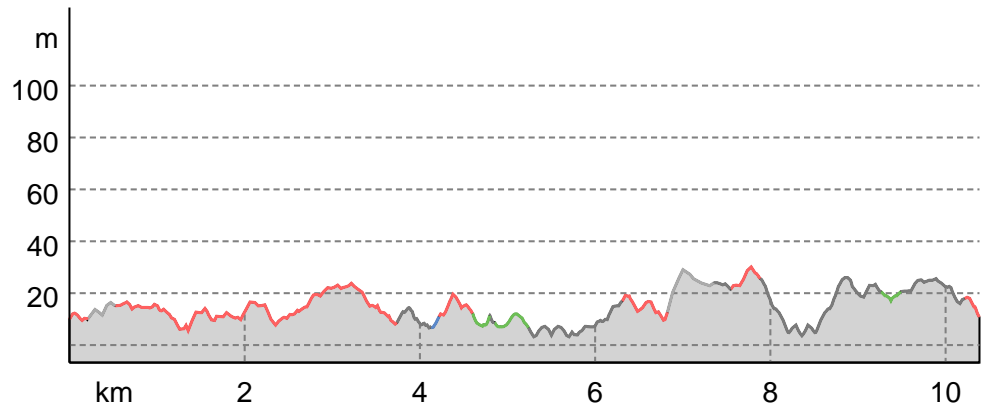


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Track types

Asphalt	3.8 km
Dirt road	0.1 km
Forested/wild trail	0.8 km
Path	4.8 km
Unknown	0.9 km

Elevation profile



route data

Hiking Trail

Distance	↔	10.4 km
Duration	🕒	3:30 h
Ascent	⬆️	76 m
Descent	⬇️	75 m

Difficulty	moderate
Stamina	■ ■ ■ ■ ■
Technique	T2
Altitude	30 m 3 m

Best time of year

JAN	FEB	MAR
APR	MAY	JUN
JUL	AUG	SEP
OCT	NOV	DEC

Ratings

Authors

Experience ●●●●●

Landscape ●●●●●

Community

More route data

Properties

Linear route	Scenic
Cultural/historical interest	Flora
Fauna	

Awards

🔄 Round trip

🍷 Refreshment stops available



Scan QR code, save this route offline, share with friends and more...

Website

<https://out.ac/IXSFYg>**Michael Lemmel**

Update: November 28, 2024

Takeaway route for iPhone and Android